



WESTERN MEDICINE & EASTERN WISDOM HAPPY BRAIN HAPPY LIFE

Romila "Dr. Romie" Mushtaq, MD

Featured Expert On:    THE HUFFINGTON POST  



"I am going to show you how to retrain your brain and shift your mindset with my 5 step program based in neuroscience, positive psychology and mindfulness." - Dr. Romie

SPEAKING CLIENTS

CORPORATIONS and COMPANIES:

- Fidelity Investments
- Microsoft
- Dove (Unilever)
- JWT (J Walter Thompson)
- Evolution Hospitality
- ESG (Technology)
- Infusionsoft
- Merrill Lynch
- Bank of America
- Hampton Hotels
- GlaxoSmithKline
- UCB Pharma
- Novartis
- Alcon Pharmaceuticals
- Hilton Head Health Institute
- Baker Hodstetler Law Firm
- Frontline Insurance Company
- Foundation for Holistic Life Coaching
- Altathera Pharmaceuticals

ASSOCIATIONS and NON-PROFIT ORGANIZATIONS:

- Junior League
- Junior Achievement
- Central Florida Association of Women Lawyers
- Florida Women's Executive Council
- Femprofessionals
- Nur Spirituality Institute
- Women's Prosperity Network
- 3% Conference, Women in Advertising
- Yuma County Women's Health Expo
- Vikasa Integrative Medicine Health Expo
- Reinvention Retreat
- Florida Institute of Certified Public Accountants
- Thriving Firm Talks for Accountants
- Women's Executive Exchange of Central Florida
- CARES- Congenital Adrenal Hyperplasia Foundation

"YOUR MIND IS STRONG MEDICINE"

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MEDICAL AND HEALTHCARE:

- Medical University of South Carolina
- University of Pittsburgh Medical Center
- Legacy Healthcare Systems, Portland Oregon
- Yuma Regional Medical Center, Yuma, AZ
- Providence Hospital System, Seattle, WA
- Medical College of Wisconsin, Milwaukee, WI
- Aspirus Hospital, WI
- Meharry Medical College
- American Osteopathic Colleges of Ophthalmology and Otolaryngology-Head and Neck Surgery
- American Epilepsy Society
- South Carolina Association of School Nurses
- Academy of Integrative Health Medicine
- Florida State Association of Rehabilitation Nurses

UNIVERSITIES AND COLLEGES:

- Texas A&M University
- Molloy College, Long Island, NY
- University of Michigan, Ann Arbor, MI
- Rollins College, Winter Park, FL
- Florida Agriculture and Management University (FAMU), Orlando, FL
- Barry School of Law
- FAMU School of Law
- Passaic Community College, NJ
- Seminole State College, Sanford, FL

About Romila "Dr. Romie" Mustaq, MD

Dr. Romie Mushtaq, MD is a traditionally trained neurologist with additional board certification in Integrative Medicine. She completed her medical training at the Medical University of South Carolina, University of Pittsburgh Medical Center, and University of Michigan.

After suffering from career burnout and undergoing life saving surgery, she traveled around the world learning mindfulness-based techniques, and she now helps individuals achieve brain & mental health holistically at the Center for Natural & Integrative Medicine in Orlando, Florida. Dr. Romie combines her unique expertise in neuroscience & mindfulness as a highly sought after speaker to teach stress management and mindful leadership to Fortune 500 companies, universities and groups around the country.

Dr. Romie's expertise has been featured on TED talks, Fox News, NBC, NPR, The Huffington Post, and dozens of other national media outlets. She is currently writing her first book on bringing Western Medicine & Eastern Wisdom together for a "Busy Brain Cure."

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For more information, testimonials, and videos:
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Social Media Influencer

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