



WESTERN MEDICINE & EASTERN WISDOM HAPPY BRAIN HAPPY LIFE

Romila "Dr. Romie" Mushtaq, MD

Featured Expert On:    THE HUFFINGTON POST  



"We live & work in over-stressed and sleep deprived environments. My programs bring together brain science and mindfulness to teach audiences how to control stress, transform into mindful leaders, & cultivate creativity and innovation in the workplace. You will learn how to live and lead with a calm and controlled mindset." - Dr. Romie

CORPORATIONS and COMPANIES:

- Fidelity Investments
- Microsoft
- Dove (Unilever)
- JWT (J Walter Thompson)
- Evolution Hospitality
- ESG (Technology)
- Infusionsoft
- Merrill Lynch
- Bank of America
- Hampton Hotels
- GlaxoSmithKline
- UCB Pharma
- Novartis
- Alcon Pharmaceuticals
- TMG-COOP Financial
- ZeOmega
- Dematic, North America
- Hilton Head Health Institute
- Baker Hodstetler Law Firm
- Frontline Insurance Company
- Altathera Pharmaceuticals
- SIS Surgical

ASSOCIATIONS and NON-PROFIT ORGANIZATIONS:

- Million Dollar Round Table (MDRT) Top of the Table
- Texas Association of Health Underwriters
- Healthcare Financial Management Association
- Board of Cooperative Education Services (BOCES)
- 3% Conference, Women in Advertising
- Florida Institute of Certified Public Accountants
- Wichita Womens Fair
- CARES- Congenital Adrenal Hyperplasia Foundation
- Foundation of Holistic Life Coaching
- Junior League of Central Florida
- Junior Achievement of Central Florida
- Central Florida Association of Women Lawyers
- Florida Women's Executive Council
- Femprofessionals
- Nur Spirituality Institute
- Yuma County Women's Health Expo
- Vikasa Integrative Medicine Health Expo
- Thriving Firm Talks for Accountants
- Women's Executive Exchange of Central Florida

"YOUR MIND IS STRONG MEDICINE"

Romila "Dr. Romie" Mushtaq, MD

Featured Expert On:



THE HUFFINGTON POST



MEDICAL AND HEALTHCARE:

- Medical University of South Carolina
- University of Pittsburgh Medical Center
- Legacy Healthcare Systems, Portland Oregon
- Yuma Regional Medical Center, Yuma, AZ
- Providence Hospital System, Seattle, WA
- Medical College of Wisconsin, Milwaukee, WI
- Aspirus Hospital, WI
- Meharry Medical College
- American Osteopathic Colleges of Ophthalmology and Otolaryngology-Head and Neck Surgery
- American Epilepsy Society
- South Carolina Association of School Nurses
- Academy of Integrative Health Medicine
- Florida State Association of Rehabilitation Nurses

UNIVERSITIES AND COLLEGES:

- Texas A&M University
- Molloy College, Long Island, NY
- University of Michigan, Ann Arbor, MI
- Rollins College, Winter Park, FL
- Florida Agriculture and Management University (FAMU), Orlando, FL
- Barry School of Law
- FAMU School of Law
- Passeic Community College, NJ
- Seminole State College, Sanford, FL

About Romila "Dr. Romie" Mustaq, MD

Dr. Romie Mushtaq, MD is a traditionally trained neurologist with additional board certification in Integrative Medicine. She completed her medical training at the Medical University of South Carolina, University of Pittsburgh Medical Center, and University of Michigan.

After suffering from career burnout and undergoing life saving surgery, she traveled around the world learning mindfulness-based techniques, and she now helps individuals achieve brain & mental health holistically at the Center for Natural & Integrative Medicine in Orlando, Florida. Dr. Romie combines her unique expertise in neuroscience & mindfulness as a highly sought after speaker to teach stress management and mindful leadership to Fortune 500 companies, universities and groups around the country.

Dr. Romie's expertise has been featured on TED talks, Fox News, NBC, NPR, The Huffington Post, and dozens of other national media outlets. She is currently writing her first book on bringing Western Medicine & Eastern Wisdom together for a "Busy Brain Cure."

info@drromie.com

(407)494-8086

For more information, testimonials, and videos:

www.DrRomie.com

Social Media Influencer

@DrRomie

